



THE CLIMB



At The South Family Hub PARENTS/CARERS SEND SUPPORT GROUP

For parents/carers who are supporting a child or young person with Special Educational Needs, disabilities or mental health problem to include:

ANXIETY

LOW MOOD

SELF HARM

SLEEP PROBLEMS

SUICIDAL THOUGHTS

EMOTIONAL DIFFICULTIES

We hold monthly meetings for parents/carers to come together to share their experiences, as well as gaining further information and support.

The aim of this group is help you feel that you are not alone in this climb to get the help and support your child needs.

Come along and meet parents/carers in similar situations. There will be a fantastic selection of:

**Practical tips to help you
& your child**

Guest speakers from a range o services

Chance to talk

Lots of tea, coffee & biscuits!



COMPASS BE



For more information contact Compass Be on



@compassBeMHST



01904 666371



info.barnsleyMHST@COMPASS-UK.ORG

South Family Hub
c/o Wombwell IKIC Hub,
Barnsley Road,
Wombwell,
Barnsley,
S73 8HT



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PARENTS/CARERS SUPPORT GROUP

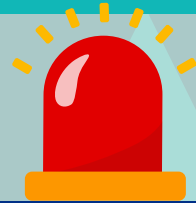


Meeting Dates

THURSDAYS 9:45AM – 12PM

2025 Dates

22nd May 2025
26th June 2025
24th July 2025
28th August 2025
25th September 2025
23rd October 2025
27th November 2025



THE SESSIONS WILL TAKE PLACE AT:

South Family Hub
c/o Wombwell IKIC Hub,
Barnsley Road,
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