


<p>We will be reading lots of stories about food including ‘Handa’s Surprise’, ‘Goldilocks and the 3 Bears’, ‘Pumpkin Soup’ and ‘Oliver’s Vegetables’.</p>	<p>We will be learning about where our food comes from. Where does it grow? Is it a fruit or vegetable, fish or meat? How does it get to the supermarket?</p>	<p>We will be learning about healthy eating and making healthy choices.</p> <p>We will decide which food we can eat lots of and the ones we call a ‘treat’.</p>
<p><u>Foundation Stage 1</u></p>		<p><u>Our topic is ‘Food’</u></p>
<p>Our RE theme is ‘Celebrations’. We will be talking about how we celebrate New Year and will be learning about Chinese New Year and Nowruz (The start of Spring).</p>	<p>Of course, we will be making and tasting different foods. We will be tasting porridge, making our own soup, tasting lots of different fruit (including some we might not have tasted before) and Chinese food such as spring rolls, and Chinese crackers!</p>	<p>In PE we will be learning about ‘Dance’. We will be listening to and moving to different music. We will decide whether we need to move slow or fast and when to start and stop.</p>

General Information:

Morning nursery begins at 8.45am. Staff will greet children at the nursery gates. Children will come into nursery, put their wellies on and access the outdoor environment until 9.00am each morning. If your child comes to school late and the gates are locked, please take them to the reception office and a member of nursery staff will collect them from there.

The session for part time morning children finishes at 11.45am. Please wait for your child at the nursery gates and a member of staff will send them out to you as soon as they are ready.

Full time children will need a healthy packed lunch (please do not send food with any nut content and grapes will need to be cut in half).

Nursery finishes at 3.30pm for full time children. Please wait at the nursery gates and a member of staff will send your child out to you. Parents can pick their nursery child up earlier if their siblings are in a class with an earlier finish time (please let staff know if you need to do this).

Please send your child with a bottle of water in a labelled water bottle for them to access throughout the day. It will be sent home each day to be cleaned and returned the next day.

Library will take place each Wednesday. Your child will need a reading folder, to be brought into nursery each Monday. Your child will have some activities to complete throughout the week at

home (a 'what I do at home' book and a 'reading journal').

Your child will need a pair of wellies for outdoor playtime. The field can sometimes become quite wet and muddy, yet the children still love to be out there! This will also help keep indoor shoes clean and carpets mud-free!

If the weather is cold please remember to send your child in a coat, with hat and gloves when necessary. Also remember to send a spare set of clothing in a bag.

As usual, if anyone different is to pick your child up from Nursery, or you are going to be later than expected, please let a member of staff know, or give the school a ring. Also please could you collect your child promptly at 11.45am or 3.30pm for full time children. Thank you.

How can you help at home?

Ask your child what they have been doing at nursery. Talk to them about what they enjoy doing.

Sing rhymes and songs. Ask them about their favourite songs. Tell them about your favourite songs.

Talk to your child. Ask them questions. Language development is everything at this age!

Read, read, read! Ask questions about the main characters, where the stories are set and what happens in the story.

Count at every opportunity. Show them 'how many' using their fingers.

Encourage them to mark– make every day. Let them draw on the paths using buckets of water and brushes or chalks.

Let them see you writing. Explain what you are writing (give writing a purpose).

Point out letters, numbers and shapes in the environment.

Build up their language through pretend play.

Show them how to use scissors– snipping paper is a good start.

Encourage them to get dressed on their own. Show them how to put tights and socks on.

Show them how to turn their coat sleeves the right way around. Show them how to zip their coat up on their own.

Go on walks. Let them run, climb and balance.

Encourage them to eat a varied diet.

Ensure they know the importance of brushing their teeth twice each day and after meals if possible.

Thank you for your support

From Mrs Pollard and the F1 team