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| Vocabulary | | | | Linked Geography | |
| carbohydrates | Mainly rice, potatoes, pasta and bread. These provide fuel for the body. | farming | Using land to rear animals or grow crops |  | |
| harvest | To collect in crops at the end of summer | Protein | Meat, eggs, fish and dairy. These help build muscles and strength. |
| Combine Harvester | Large machinery to harvest crops | crops | Vegetable and fruit grown in the ground |
| agriculture | Animal and land farming | dairy | Foods made from milk from cows. |
| sowing | Planting seeds to be grown into crops | vitamins | Goodness from food which help to keep skin, teeth, hair and bones healthy. |
| Influential Person | | | Interesting facts | | |
| Jamie Oliver is famous for being a creative chef who has promoted healthy eating and ensured school meals are balanced and nutritious. | | | Crops are grown on four and a half million hectares of land in the UK | | 60% of all food eaten in the UK is grown on British farms. |
| A fifth of UK farmland grows crops, a lot of the rest of it grows grass to feed animals. | | Wheat is the most common crop in the UK |
| Chicken’s eggs vary in size and colour. Some are white, others brown and some are even green | | Every day, British farms supply 20 million eggs and the grain to make nine million loaves of bread. |