Dear Parents/Carers,

Get set… we’re taking part in **Sustrans Big Pedal 2020**.

**What is it?**

Sustrans Big Pedal is the UK’s largest inter-school cycling, walking and scooting challenge. The challenge runs **from Wednesday 22 April to Tuesday 5 May**. It’s free and we would love everyone to be involved.

**How does it work?**

On each day of the challenge, schools compete to see who can record the greatest number of pupils, staff **and parents** cycling, walking, scooting or using a wheelchair to school.

**Why are we taking part?**

It’s a great way to get more of our pupils travelling actively to school and is a simple way to boost their physical and mental health. It can also reduce congestion around the school, making it a nicer space to be.

**What’s next?**

All you need to do is encourage your child(ren) to cycle, walk or scoot to school on as many days as possible during the event, and join them on their journey.

**The Challenge is for the whole family**

* **Your journeys count too-** Let us know if you cycled, walked or used a scooter by telling your child. You can even send photos in which we can upload to the Sustrans site. Just let me know if you would not like your photos sharing.
* **Cycle, walk, scoot and snap to win family prizes-** Simply follow Sustrans on Twitter, Facebook or Instagram, take a photo of your family cycling, walking or scooting to school during the challenge and post it using #BigPedalWin. For T&Cs and full details on how to enter visit [www.sustrans.org.uk/bigpedal/familycomp](http://www.sustrans.org.uk/bigpedal/familycomp).
* **Download your free guide -** To help you get ready for the Big Pedal, Sustrans is offering families a handy, free guide packed with advice, games and challenges to help you have hassle-free cycle, walk or scoot to school.

Visit [www.sustrans.org.uk/bigpedal](http://www.sustrans.org.uk/bigpedal) to download your pack and find out more information about how families can get involved.

For more information about the event go to [**www.bigpedal.org.uk**](http://www.bigpedal.org.uk)**.** Enjoy the challenge!

If you can’t cycle / scoot / walk all the way just park a bit further away from school and park & stride.

Come on The Ellis: We can win this!!

Regards

Mrs Jaques